

Linda's Meat Loaf

Ingredients

1 lb Lean Ground Beef
2/3 Cup Milk
1/2 Cup Soda Cracker Crumbs
1/4 Cup Ketchup
1/2 Cup Chopped Onion
1 Tsp Salt
1/8 Tsp Black Pepper
1 Egg (Beaten)

- 1. Gently combine all ingredients.**
- 2. Form into a loaf and place in a baking dish or loaf pan.**
- 3. Top with more Ketchup for glaze (if desired).**
- 4. Bake at 350° for about 1 hour.**